

# 10K @ 10,000 FT

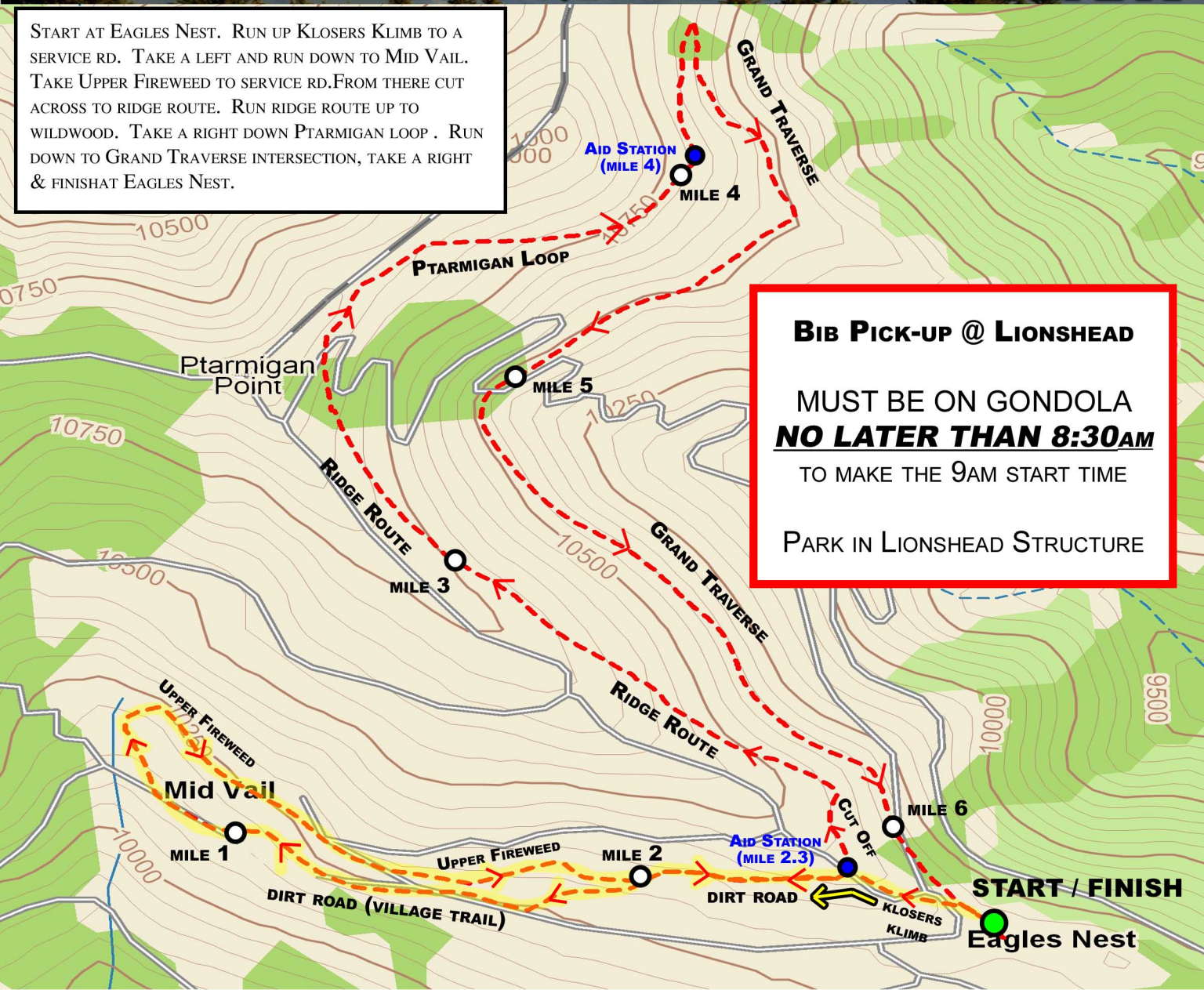


presented by

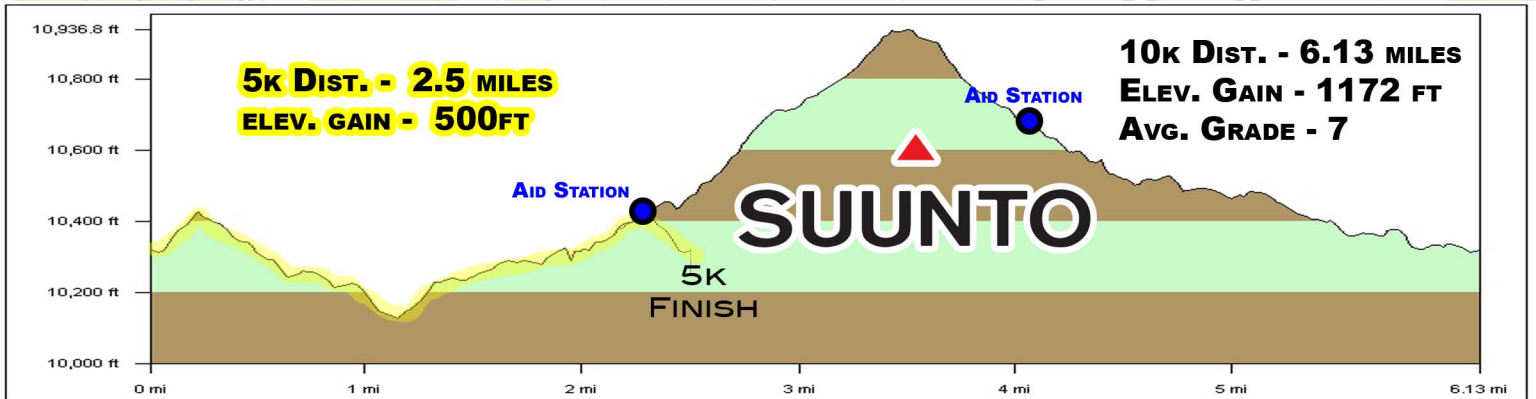


AUGUST 7, 2011 - 9 A.M.

START AT EAGLES NEST. RUN UP KLOSERS KLIMB TO A SERVICE RD. TAKE A LEFT AND RUN DOWN TO MID VAIL. TAKE UPPER FIREWEED TO SERVICE RD. FROM THERE CUT ACROSS TO RIDGE ROUTE. RUN RIDGE ROUTE UP TO WILDWOOD. TAKE A RIGHT DOWN PTARMIGAN LOOP. RUN DOWN TO GRAND TRAVERSE INTERSECTION, TAKE A RIGHT & FINISH AT EAGLES NEST.



**BIB PICK-UP @ LIONSHEAD**  
**MUST BE ON GONDOLA**  
**NO LATER THAN 8:30AM**  
 TO MAKE THE 9AM START TIME  
 PARK IN LIONSHEAD STRUCTURE



Lin Dist: 6.1 mi	Terr Dist: 6.1 mi	Elev Gain: 0 ft	Avg Grade: 7
Climb Elev: 1,171.5 ft	Desc Elev: 1,171.5 ft	Max. Elev: 10,936.8 ft	Min. Elev: 10,126.6 ft
Climb Dist: 3.0 mi	Desc Dist: 3.1 mi		